



**CLUB BE YOU**

# Table of Contents

Introduction----- Page 3

Clothes ----- Page 4

Food----- Page 5

Holidays/Traditions ----- Page 6

Sports ----- Page 7

Music----- Page 8

Language----- Page 9

Fun Facts ----- page 10

Conclusion ----- Page 11

# INTRODUCTION

Hello Club Be You!

Welcome Friends ..... Do you know Why we named this Club, Club Be You?

Club Be you is a place to be just yourself !!! So all we need to bring here is yourself, your smile and your curiosity .

So get comfortable and get ready for this amazing Ride down the culture hall.

Let me first introduce a team of 5 fifth graders who have spent some good number of hours putting this together .

United States of America is a melting pot of different cultures!

So in this club, we will all together learn about different cultures across the world from North to South and from East to West

Today's culture that we will cover will be the African and Nigerian culture. We have friends from this culture right here at our school as well.

- Africa is a very amazing place in our world and we are lucky to have people from this country living right here in Oregon.
- Nigeria has the largest population of people of any other country in Africa!
- We will dive into the culture and discover clothing, food and traditions of this fascinating place.
- Today, you will not only be enlightened on Nigeria's culture, but you will enjoy learning about it too. We personally had a lot of fun researching about Africa and can not wait to share with you. Get ready to learn!

# CLOTHES

- ❖ Africa/Nigeria is a place with unique clothing.
- ❖ In Nigeria, there is constant hot weather, so clothing does not tend to be that warm.
- ❖ When business meetings are taking place, people will usually wear a suit and tie.
- ❖ Nigerian clothing has lots of different and unique patterns whether it is stripes or spots.
- ❖ The clothes that people living in Nigeria wear vary depending on what time, place or occasion they are in.
- ❖ Some types of clothing that are common in Nigeria include buba, kaba and sokoto. Nigerian clothing is amazing in quite a unique way.



# FOOD

- ❖ In Africa, there are many different and unique foods that are made.
- ❖ Èbà, Jollof rice and Puff Puff are just a few of the flavorful and popular foods of this culture.
- ❖ They have some foods such as Jollof Rice that have many different variations.
- ❖ A lot of the foods are fried like buns, akara and chicken.
- ❖ They are very unique and if you are interested in learning these dishes, click the links below and check out the recipes for different foods that are commonly prepared in this culture.



Jollof Rice



Suya



Puff Puff

# HOLIDAYS AND TRADITIONS

In Nigeria, there is a wide variety of holidays. There are many traditions for these holidays. Right now, we will be covering two of these holidays, National Day and Democracy Day.

- ❖ National Day is celebrated every year on the first day of October.
  - ✓ This holiday is the Nigerian Independence Day.
  - ✓ As you will learn more about later, the British colonized a lot of countries. Afterwards, many of those countries became independent. That is why lots of countries have their independence day. Nigeria was colonized by Britain in 1900. It got its independence in 1960.
  - ✓ The way that people celebrate this holiday is not much different from how we celebrate the independence of the U.S. People will buy fireworks and use them to celebrate their country's independence.
- ❖ Another day that is celebrated in Nigeria is called Democracy Day.
  - ✓ This day is celebrated because the military used to rule Nigeria. Democracy Day is celebrating the day the military government handed over their power to the civilian government so Nigeria could have democratic elections. Democracy Day is a day that is celebrated to remember the time were a civilian government became Nigeria's system of government.

# MUSIC AND DANCE

- ❖ Africa is a place where there is a wide variety of music with different regions and nations of Africa having many distinct musical traditions
- ❖ Among Africans, many styles of music such as folk and hip hop are common.
- ❖ Music you are most likely to hear in Nigeria is music that was made by Nigeria's three largest ethnic groups (Igbo, Hausa and Yoruba).
- ❖ Music is part of their everyday life, whether it is the streets or the places where people work.

## Musical instruments

- ❖ Drums are among the more popular African instruments
- ❖ Have you heard of Talking drums. It was interesting to know that talking drums are African drums whose pitch can be regulated depending on how one squeezes the outside chords and it mirrors a person's voice
- ❖ There are these drum jams happening in Portland as well. I would definitely want to go and watch one day.

## Dance

- ❖ Dance in the African culture can legitimately be considered the oldest form of choreography in the world.
- ❖ Another primary characteristic of African dance styles is the presence of drumming
- ❖ <https://www.youtube.com/watch?v=MF716jnu-mI&t=31s>



# LANGUAGE

- ❖ The total number of languages natively spoken in Africa is variously estimated at between 1,250 and 2,100.
- ❖ Arabic, Somali, Berber, Amharic, Oromo, Igbo, Swahili, Hausa, Manding, Fulani and Yoruba are the most popular languages.
- ❖ A lot of the characters in Disney's "The Lion King" came from Swahili words.
- ❖ Many African languages are tonal—that is, they employ voice pitch to distinguish meanings of words.
- ❖ Over the years African languages have contributed a number of words to English—for example, oasis, banjo, and tote, and probably even coffee.
- ❖ Nigeria is one of the world's most linguistically diverse countries.
- ❖ Nigeria in itself has about two hundred forty more languages being spoken in the country! . Nigeria's three main languages are Igbo, Hausa and Yoruba. In Nigeria, the official language is English.
- ❖ Even though Nigeria is just a bit more than half the size of Alaska, they still have hundreds of languages in their country. Without a doubt, there are many languages in Nigeria. But how did Nigeria get that many languages in the first place?
- ❖ In the colonial days, Great Britain managed to colonize almost half of the whole world. The Nigerian tribes were part of that half. The British colonized all of the Nigerian Tribes and then united them to make one country called Nigeria. This means that Nigeria has so many languages because the British simply united lots of different tribes that had different languages and made them into one.

## FUN FACTS

- ❖ Nigeria's film industry, known as Nollywood, is one of the largest film producers in the world, second only to India's Bollywood.
- ❖ The Sahara is the largest desert in the world and is bigger than the continental USA.
- ❖ Both the world's tallest and largest land animals both come from Africa. They are the giraffe and African elephant, respectively.
- ❖ Nigeria is the most populated country in Africa
- ❖ Soccer is the most popular sport in Africa

# CONCLUSION

I am so happy that together we got to learn about this incredible culture, traditions, food, music and so much more.

We had so much fun with you, learning about this unique and very diverse culture.

Africa has so much diversity within the country and we hope that you will be driven to learn more about the African culture after this presentation.

This is just one of the many cultures that we will be learning about in this program.

Lets always remember that differences in our culture is what keeps this world interesting. So just BE YOU .

You are special and lets make everybody, no matter where they come from or how they look, feel loved, accepted and welcomed.

Our next meetup will be in 2 weeks and we will come back with a whole new interesting cultural learning.

I will send you reminders and invitations for that as well. Please join and BRING A FRIEND.

Please send us your feedback at [clubbeyou2021@gmail.com](mailto:clubbeyou2021@gmail.com)

I will write about this in the Oregon Kid Governor Blog as well. Please follow at <http://or.kidgovernor.org/2021-orkg-taneesh/taneeshs-blog>